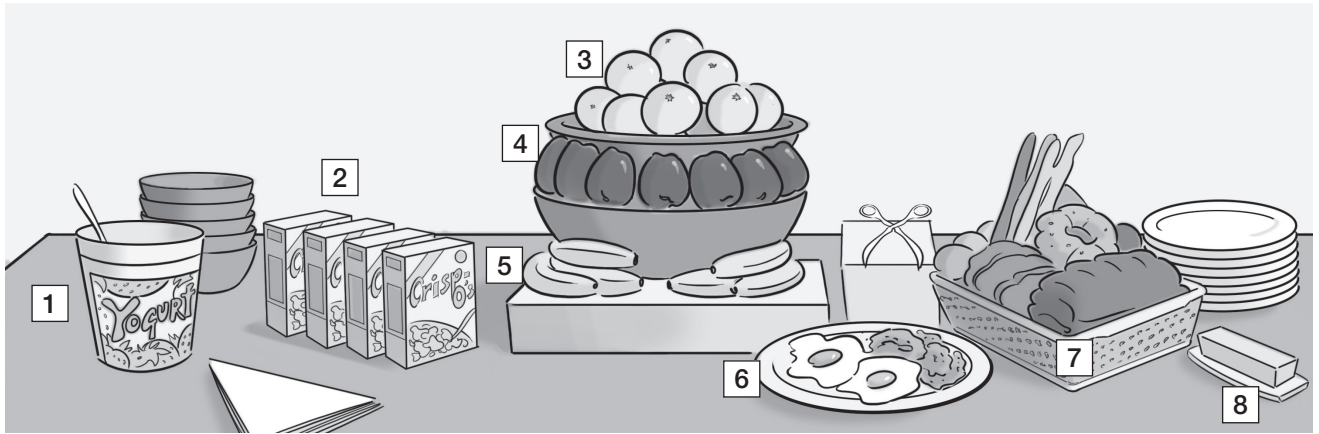


Unit 8: From Soup to Nuts

Lesson 1: Vocabulary

A What's for breakfast? Match the words with the pictures.

apples	bananas	bread	butter
cereal	eggs	oranges	yogurt



1. yogurt 2. _____ 3. _____ 4. _____
5. _____ 6. _____ 7. _____ 8. _____

B Write the names of the foods.



1. cabbage 2. _____ 3. _____ 4. _____ 5. _____



6. _____ 7. _____ 8. _____ 9. _____ 10. _____

C How often does Ada eat each kind of food? Complete the sentences.

	Never	Once a day	Twice a day	3-5 times a day
Grains		✓		
Vegetables			✓	
Fruit	✓			
Protein				✓
Dairy		✓		

1. Ada eats grains once a day.
2. She eats _____ twice a day.
3. She never eats _____.
4. She eats _____ three to five times a day.
5. She has _____ once a day.

D How often do you eat these foods? Complete the chart.

	Never	Once a day	Twice a day	3-5 times a day
Grains				
Vegetables				
Fruit				
Protein				
Dairy				

E Look at the chart in Exercise D. Write sentences.

1. I eat grains three times a day.
2. _____
3. _____
4. _____
5. _____

Lessons 2 & 3: Listening and Grammar

A Put the foods in the correct column.

apple ~~beef~~ butter wrap cereal pasta
egg lettuce pancake potato taco yogurt

Count			Non-count		
apple	_____	_____	beef	_____	_____
_____	_____	_____	_____	_____	_____

B Complete the sentences. Write the correct food and *it* or *them*.



1. I like bananas.
I eat them every day.



2. I love steak.
I eat it with onions.



3. I love _____.
I eat _____ for lunch every day.



4. I usually have _____ for breakfast.
I eat _____ before I go to work.



5. I eat _____ once a day.
I have _____ with dinner.



6. I usually have _____ for breakfast.
I eat _____ with cheese.

C Look at the pictures. Complete the conversations.



1. **A:** Do you like eggs?
B: Not really. I like pancakes.



2. **A:** Do you want an apple?
B: No, thanks. I don't really like _____.



3. **A:** Do you like bananas?
B: Not really. I like _____.



4. **A:** Do you want a vegetable for dinner?
B: Yes, I'd like _____.



5. **A:** Do you want fish for dinner?
B: No, thanks. I don't really like _____.



6. **A:** What do you want for lunch?
B: I want _____.

D Complete the conversation. Add a when necessary.

A: Wow, I'm really hungry.

B: Me, too. What do you want?

A: First I want (hamburger) a hamburger.

B: First?

A: Yeah, then I want (taco) _____. I love _____.

B: I want _____, too.

A: Then I want (pizza) _____.

B: _____? What kind of _____ do you want?

A: Cheese. I want cheese _____. And I want a large iced tea.

Lesson 4: Reading

A DEVELOP YOUR ACADEMIC SKILLS. Read the Academic Skill. Complete the sentences.

- You should wash your hands for _____.
a. 20 seconds b. 20 minutes c. 30 seconds
- Pay attention to the _____ of your cutting boards.
a. size b. color c. shape

Academic Skill: Read captions

The words you see above or below a picture are **captions**. They often add important information about the picture. Before you read an article, look at any pictures and read their captions.

B Listen and read.

FOOD SAFETY

These safety steps can help you prevent food illnesses.



Keep your hands clean. Clean everything you use to cook food. First, wash your hands. Then wash where you prepare the food. This includes cutting boards, tables, and dishes.

5 Finally, wash all fruits and vegetables. Do not wash meat because the water might make the food dangerous.



Keep meats, fish, and eggs separate from other foods like fruits and vegetables. Use separate cutting boards for meat and vegetables. Use red cutting boards for red meat. Use

10 yellow cutting boards for chicken. Separate these foods in the refrigerator, too. Use green for cutting fruits and vegetables.



Make sure food is the right temperature. Check the temperature carefully. It is dangerous to eat food that is not cooked enough. For example, it is dangerous to eat some

15 meats if you do not cook them enough.



Put food away quickly. Put it in the refrigerator or freezer to be safe.



Wash your hands for 20 seconds.



Use different colored cutting boards for different foods.

C CITE EVIDENCE. Complete the sentences. Where is the information? Write the line number.

- | | Lines |
|--|-------|
| 1. Always wash _____ before cooking. | |
| a. meat b. eggs c. vegetables | _____ |
| 2. You should use a red cutting board for _____. | |
| a. chicken b. red meat c. vegetables | _____ |
| 3. It is dangerous to eat _____ that is not the right temperature. | |
| a. meat b. fruit c. vegetables | _____ |
| 4. Put food in the _____ after eating. | |
| a. stove b. refrigerator c. cabinet | _____ |

Lessons 5 & 6: Listening and Grammar

A Match the questions with the responses.








- | | | |
|---|----------|---|
| 1. Would you like soup or salad? | <u>c</u> | a. Yes, an iced tea, please. |
| 2. Would you like onion or tomato soup? | ___ | b. Yes, please. |
| 3. Would you like potatoes? | ___ | c. Soup, please. |
| 4. Fries or baked? | ___ | d. Large, please. |
| 5. Anything to drink? | ___ | e. Baked, please. |
| 6. Large or small? | ___ | f. Tomato, please. And a turkey sandwich. |

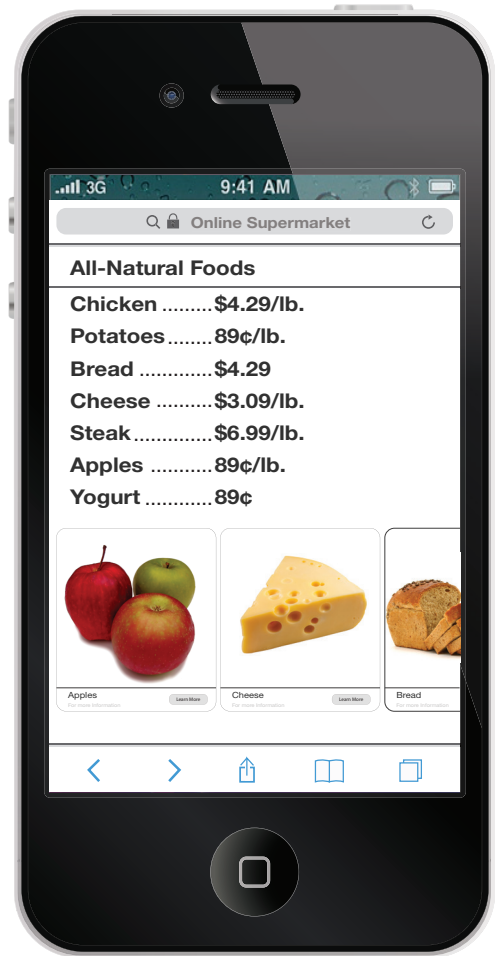
B  Listen. Write the order.

Date				
Burger Heaven				
Guest Check				
	<i>a green salad</i>			

Lesson 7: Workplace, Life, and Community Skills

A Look at the supermarket ads. Complete the conversations.

Quick-Shop	
	Chicken\$3.79/lb.
	Potatoes99¢/lb.
	Bread.....\$3.89
	Cheese\$3.29/lb.
	Steak\$5.99/lb.
	Apples79¢/lb.
	Yogurt.....99¢



- A:** How much is the chicken at All-Natural Foods?
B: It's \$4.29 a pound.
- A:** How much are the potatoes at Quick-Shop Foods?
B: They're _____.
- A:** How much is the bread at All-Natural Foods?
B: It's _____.
- A:** How much is the cheese at Quick-Shop Foods?
B: It's _____.
- A:** How much is the steak at All-Natural Foods?
B: It's _____.
- A:** How much are the apples at Quick-Shop Foods?
B: They're _____.
- A:** How much is the yogurt at All-Natural Foods?
B: It's _____.

B Look at the ads in Exercise A. Where is each food cheaper? Circle the cheaper price.

C Listen. Circle the letter of the correct answer.

- Green beans are on sale for _____ a pound.
a. \$1.09 **b. \$1.19** c. \$1.29
- Potatoes are _____ a pound.
a. 79¢ b. 69¢ c. 71¢
- Fish is on sale for _____ a pound.
a. \$2.99 b. \$3.99 c. \$5.99
- Chicken is _____ a pound.
a. \$4.99 b. \$3.59 c. \$4.59
- Bread is on sale for _____.
a. \$2.99 b. \$3.59 c. \$2.49

D Look at the nutrition labels. Complete the sentences.

- Cereal A has about 10 servings per container.
- Cereal B has about _____ servings per container.
- Cereal A has _____ calories per serving.
- Cereal B has _____ calories per serving.
- Cereal A has _____ of sodium.
- Cereal B has _____ of sodium.
- Cereal A has _____ of sugar.
- Cereal B has _____ of sugar.
- _____ has more sugar.

Nutrition in

Cereal A

Nutrition Facts

Serving Size: 1.1 oz
Servings Per Container: About 10
Calories120
Fat..... 0 g
Sodium150 mg
Sugar12 g

Nutrition in

Cereal B

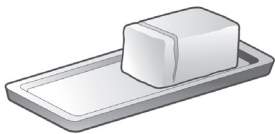
Nutrition Facts

Serving Size: 1.1 oz
Servings Per Container: About 9
Calories110
Fat..... 0 g
Sodium 220 mg
Sugar24 g

E GO ONLINE. Now find similar information (calories, fat, sodium, and sugar) online about your favorite food.

Lessons 8 & 9: Listening and Grammar

A Complete the conversations. Use *how much / many, a lot, or not many / much*.



1. A: How much butter is there?
B: Not much. We need to buy more.



2. A: How many onions do we have?
B: Not many. We only have two. Let's get some more.



3. A: _____ is there?
B: _____. We don't need to get more.



4. A: _____ is there?
B: _____. We need to get more.



5. A: _____ is there?
B: _____. We don't need to get more.



6. A: _____ do we have?
B: _____. We have three large boxes!



7. A: _____ are there?
B: _____. We only have two.



8. A: _____ do we have?
B: _____. And they're big!

B Look at the recipe. Complete the conversation. Use *much* or *many*.

1. A: How much turkey do we need?
(turkey)

B: We need two pounds.

2. A: How _____?
(rice)

B: We need _____.

3. A: How _____?
(peppers)

B: We need _____.

4. A: How _____?
(onions)

B: We need _____.

5. A: How _____?
(milk)

B: We need _____.

6. A: How _____?
(cheese)

B: We need _____.

7. A: How _____?
(vegetable oil)

B: We need _____.

Turkey and Rice

Ingredients:

- 2 lbs. turkey
- 12 oz. rice
- 2 small peppers
- 3 small onions
- 8 oz. milk
- 10 oz. cheese
- 2 oz. vegetable oil



Print Recipe



C Listen. Paul and Marie are planning a party. Check (✓) the foods.

- | | | | |
|---|------------------------------------|--|--------------------------------|
| <input checked="" type="checkbox"/> grilled chicken | <input type="checkbox"/> cake | <input type="checkbox"/> fried chicken | <input type="checkbox"/> fries |
| <input type="checkbox"/> green salad | <input type="checkbox"/> apple pie | <input type="checkbox"/> juice | <input type="checkbox"/> rice |
| <input type="checkbox"/> soda | <input type="checkbox"/> soup | <input type="checkbox"/> tea | <input type="checkbox"/> water |

Lesson 10: Writing

A Read the Writing Skill. Rewrite the sentences.

1. I eat tacos for lunch.

I have tacos for lunch.

2. He drinks juice every day.

3. I have a cup of coffee every morning.

4. She eats vegetables five times a week.

5. Ana has eggs for breakfast every day.

Writing Skill: Choose the correct verb

Use the verb *eat* when you talk about food.
Use the verb *drink* when you talk about drinks. You can use *have* with food or drinks.

For example:

I **have** milk with my breakfast.

I **drink** coffee with lunch.

I **eat** pasta for dinner.

B Look at the pictures. Describe what Carl eats.

1.



2.



3.



4.



5.



6.



7.



Every morning Carl drinks coffee. He usually _____ for breakfast. For lunch, Carl usually _____ and _____. Carl sometimes _____ for dinner. Once a week he goes to a restaurant for dinner. He usually _____ and _____.

C Read the text. Correct three errors with verbs.

In the morning, I usually has three eggs, cereal, and juice. For lunch, I usually eat tacos and pizza. I usually eat a large soda. For dinner, I eat chicken and rice. Sometimes I take ice cream at night. That's a lot of food!

Lesson 11: Soft Skills at Work

A TAKE ACTION. Cross out the incorrect words.

A person who takes action **makes / doesn't make** decisions on his or her own.



Nasir works at a restaurant. He's a dishwasher.

B Nasir speaks to a server. Cross out the incorrect information. Then circle *True* or *False*.

1. **Server:** It's so busy! We don't **have / has** any clean **glass / glasses**.

Nasir: Oh, I see. These tables aren't clean. There is still a **rice / rice** on them.

Server: Yes, I know. The other server is new. There are **many / much** glasses on the dirty tables.

Nasir: Let me help you. We can bring the glasses into the kitchen. I'll wash them quickly.

2. Nasir takes action. True False

C Nasir speaks to the cook. Cross out the incorrect information. Then circle *True* or *False*.

1. **Cook:** Oh, no. The **tomatoes / tomatos** are bad! I can't use them.

Nasir: Can I help? I can go to the farmer's market. How **many / much** tomatoes do you need?

Cook: We need about 20 pounds.

Nasir: That's no problem. Do you need any potatoes **and / or** onions?

Cook: No, I have enough.

2. Nasir doesn't take action. True False

D **JOB INFORMATION.** Nasir is a dishwasher at a restaurant. He also helps clean the restaurant. He works in the kitchen and sees many things. Choose the correct answers.

1. Nasir knows where to find the dishes. True False

2. Nasir often talks to customers. True False