

Unit 1 Recording 1

Conversation 1

L = Lewis R = Rachel A = Alex

L: Hello, I'm Lewis.

R: Hi, Lewis. I'm Rachel and this is Alex.

L: Hi, Alex.

A: Hi. It's our first day here.

L: Right. I'm a second-year student. Where are you from?

A: I'm from a small town in Scotland.

L: Oh, OK. And you Rachel?

R: I'm from Brighton.

L: Oh wow, me too!

Conversation 2

G = Gabriel M = Maya

G: Hi! I'm Gabriel and this is Angela.

M: Hi, I'm Maya. Nice to meet you both.

G: You too. Where are you from?

M: I'm from the Sydney office.

G: Ah, but you aren't Australian, right?

M: No, I'm British, but I live in Sydney.

G: Sydney's a great city.

M: Yes, it is. The weather's fantastic. It isn't cold for six months of the year like London! Where are you from?

G: We're from the New York office. And it's very cold there in the winter!

Conversation 3

D = Daniel C = Claire

D: Hi, I'm Daniel. What's your name?

C: Hi, I'm Claire. Where are you from, Daniel?

D: I'm from Mexico. And you?

C: I'm from Manchester.

D: Right. This is my first salsa party.

C: Oh. Are you a good salsa dancer?

D: I'm not sure.

C: Well, let's see. Come and dance!

D: OK!

Unit 1 Recording 2

1 I'm British.

2 We're from New York.

3 It's cold in here.

4 They aren't American.

5 It isn't my first time here.

6 I'm not a student.

Unit 1 Recording 3

L = Lena N = Nick M = Melanie

L: Hello, I'm Lena.

N: Hi, Lena. My name's Nick. Nice to meet you.

L: And you.

N: This is Melanie.

L: Hi Melanie. Where are you from?

M: We're from Brent. It isn't far from here, only one kilometre. What about you?

L: I'm from Witney. It's a town near Oxford.

Unit 1 Recording 4

A Greece

B Australia

C China

D Japan

E Mexico

F Egypt

G Russia

H Spain

Unit 1 Recording 5

Australia – Australian

Brazil – Brazilian

Egypt – Egyptian

Mexico – Mexican

Russia – Russian

the US – American

Poland – Polish

Spain – Spanish

Turkey – Turkish

the UK – British

China – Chinese

Japan – Japanese

Greece – Greek

Unit 1 Recording 6

T = Tina J = Jacomo

T: Hey Jacomo. How are you today?

J: I'm OK. A little tired maybe ... How are you?

T: Very well! OK, let's write your Sinder profile. Some quick questions. So, where are you from?

J: I'm from Napoli, in Italy.

T: Oh, that's nice. Bellissima!

J: How many questions are there? I'm tired ...

T: OK ... Who's your favourite actor?

J: I think Simon Pegg is really good.

T: Pegg ... And when's your birthday?

J: It's in September.

T: Uh huh. And ... what's your favourite colour?

J: It's blue. How many more questions, Tina?

T: Two more! What's your favourite food?

J: Chinese food. No, maybe it's Indian. No, it's Chinese. Goodbye, Tina.

T: Are you interested in reading?

J: Yes, I love it!

Unit 1 Recording 7

1 Are you from Argentina?

2 What's your favourite food?

3 Are you OK today?

4 Where is he from?

Unit 1 Recording 8

M = Marco E = Eva

M: Hello, I'm a new student here.

E: Me too. I'm Eva. What's your name?

M: It's Marco.

E: Nice to meet you, Marco.

M: And you, Eva.

E: So, where are you from?

M: I'm from Monza.

E: Oh? Where's Monza?

M: It's in Italy.

E: Ah, right. I'm from Elche in Spain.

M: OK. Are you here for nine months?

E: Yes, I am. What about you?

M: Maybe a year – or more.

E: Oh, right. Are you a student?

M: No, I'm not. I work for an international bank. What's your job?

E: I'm a university student. I study languages.

M: When's your first lesson?

E: It's at eleven o'clock, I think.

M: Mine too. Where is it?

E: In classroom 6b.

M: Me too. Great! We're in the same class. Who's the teacher?

E: It's someone called Marketa.

M: OK, good. Shall we get a coffee before the lesson?

E: Sounds great! Let's go!

Unit 1 Recording 9

1 What

2 Where

3 When

4 Who

5 How old

6 Why

Unit 1 Recording 10

M = Marco E = Eva

1

E: What's your name?

2

E: Where are you from?

3

M: Are you here for nine months?

4

E: Are you a student?

5

M: What's your job?

6

M: When's your first lesson?

7

M: Where is it?

8

M: Who's the teacher?

Unit 1 Recording 11

M = Marco R = Renata

M: Hi, I'm Marco.

R: Hi Marco.

M: What's your name?

R: It's Renata.

M: Renata. Is that a Greek name?

R: No, I don't think so!

M: Oh. Where are you from?

R: I'm from Rio de Janeiro.

M: Oh, you're Brazilian!
R: Yes, that's right. And you?
M: I'm from Monza.
R: Where's Monza?
M: It's in the north of Italy.
R: Ah right. And why are you here at the school?
M: For my job. What about you?
R: For my job, too. We work at an international company but our English isn't very good.
M: Oh, who are you here with?
R: A work friend. We're in class 8c. What class are you in?
M: Oh, I'm in 6b. When's your next lesson?
R: It's at 2 o'clock.
M: Are you free for lunch?
R: Sure. You?
M: Yeah. Let's have lunch together.
R: OK, great!

Unit 1 Recording 12

- 1 What's your surname?
- 2 Where are you from?
- 3 What's your job?
- 4 What's your email address?
- 5 Who's your teacher?
- 6 When's your next English lesson?
- 7 When's your birthday?
- 8 Where's your favourite place?

Unit 1 Recording 13

- 1 What's your first name?
- 2 Where's your hometown?
- 3 What's your first language?
- 4 Are you a student?
- 5 What's your email address?
- 6 When's your birthday?
- 7 Who's your best friend?
- 8 What's your favourite colour?

Unit 1 Recording 14

bike
 board games
 books
 camera
 clock

lamp
 laptop
 pictures
 rings
 skateboard
 suitcase
 sunglasses
 tennis racket
 umbrella

Unit 1 Recording 15

J = Jake C = Chris

J: Hey, Chris. That's a nice bike over there.
C: Hmm, it looks old. I want a new bike, really.
J: OK, well what about those bikes over there?
C: Yes, they look new. Come on Jake, let's go and look.

Unit 1 Recording 16

C = Chris S = Seller J = Jake

C: Excuse me, are these bikes new?
S: No, they aren't. They're about ten years old.
C: Oh, OK. *[Pause]* Wow, are these sunglasses only a pound?
S: No, they're ten pounds.
C: Hmm, are they for men or women?
S: They're men's sunglasses.
C: They're very nice. OK, I'll have them, please.
S: Great, here you are.
J: Oh, this lamp is nice. Excuse me, is this lamp new?
S: Um, well, yes – almost new. It's only five pounds.
J: I'll give you three?
S: Hmm, OK then.
J: Thanks! Here you are.

Unit 1 Recording 17

- 1 these books
- 2 this laptop
- 3 this lamp
- 4 these printers
- 5 these bikes

Unit 1 Recording 18

S = Sergei Ad = Aditya L = Leandro

J = Jennifer Ak = Akari

S: Hi everyone, thanks for coming. Is everyone here?

Ad: I don't think Jennifer is here yet.

S: Ah, OK. It's very early in Dallas at the moment. It's six fifteen in the morning! I think she'll be here soon.

While we wait, let's introduce ourselves. I'm Sergei, international manager. Here in Moscow it's a quarter past two in the afternoon.

Ad: Hi everyone. I'm Aditya in London. It's a quarter past twelve here.

S: Hi Aditya. Leandro? Leandro? Can you hear us?

L: Sorry about that ... let me just connect my mic properly. Hi Sergei, hi everyone. Sorry about that. I'm Leandro and I'm in Buenos Aires.

S: What's the time in Buenos Aires, Leandro?

L: It's a quarter past nine here.

J: Hello everyone, sorry I'm late! It's very early here in Dallas!

S: That's OK, Jennifer. Welcome to the meeting. OK, so the last person to introduce themselves is Akari.

Ak: Hello everybody. I'm Akari in Tokyo. Here it's nine fifteen in the evening.

S: Wow, thanks for staying so late, Akari! OK, let's begin ...

Unit 1 Recording 19

a It's eight o'clock.

b It's half past four.
It's four thirty.

c It's a quarter to twelve.
It's eleven forty-five.

d It's a quarter past two.
It's two fifteen.

e It's five to eight.
It's seven fifty-five.

f It's twenty past one.
It's one twenty.

Unit 2 Recording 1

A = Anna D = Dominic

A: I'm worried about the party on Saturday, Dominic.

D: Why?

A: Oh, you know, meeting your family for the first time ...

D: Oh, don't worry! They're all very friendly.

A: Oh I know, but your family's very big! There are a lot of names to remember!

D: Ha, I see. Well, this is a photo of all of us. Who can you see?

A: OK, well that's you.

D: Correct!

A: Um ... that's Tom, right? He's your brother.

D: Yes, that's right.

A: And that's his wife, Kerry?

D: Yes, it is.

A: Who's that?

D: That's my sister, Charlotte, and her husband, Phil.

A: Are those their children?

D: Yes, exactly – my nephew Harry and my niece Sally. She's so funny!

A: OK ... I know your parents, Mick and Sue, but who are those people, are they your grandparents?

D: That's right, they're our grandparents. My grandma's name is Joyce and my grandad's is Arthur. They're really lovely.

A: So who are these people?

D: That's my uncle Jack. He's my mother's brother. That's Jack's wife Linda, my aunt. She's from Spain. And that's their daughter Lily. She's my cousin.

A: Phew! OK, thanks Dominic.

Unit 2 Recording 2

1 That's Tom, right? He's your brother.

2 And that's his wife, Kerry?

3 That's my sister Charlotte, and her husband, Phil.

4 Are those their children?

5 They're our grandparents.

Unit 2 Recording 3

1 This is Ana's husband.

2 Is that Nick's mum?

3 Georgia is Charlotte's cousin.

4 Who is Maria's brother?

Unit 2 Recording 4

S = Shaun T = Teresa

S: So, your family is from Spain, Teresa, is that right?

T: Yes, that's right. From Madrid.

S: Ah, OK. And do they all live in Madrid now?

T: Well, my parents live there, and my brothers, too.

S: Right. So, all your family?

T: No, my sister lives in Valencia.

S: Oh, right. Just her?

T: No, my grandparents live there, too.

S: And your husband's family? Your husband's from ... where is it ...?

T: My husband's from Australia, but his family all live in London.

Unit 2 Recording 5

A: Do your family all live in Rio?

B: My parents live there, but my brother lives in Washington.

A: Washington, wow!

B: Yeah, my uncle and aunt live there, too.

Unit 2 Recording 6

A: Are your family here in London?

B: Well, my dad is here, and my brother. Oh, and my grandparents live here, too.

A: Right.

B: But my mum lives in Spain, in Alicante.

A: Nice!

Unit 2 Recording 7

A: You live in Torun, Magda, don't you?

B: Yes, that's right.

A: And does your family live there, too?

B: My parents live there, but my brother lives in Poznan.

Unit 2 Recording 8

A: Is your sister here in Edinburgh, too?

B: Yes, she lives with me, and my brother, too.

A: And your parents?

B: They live in Falkirk, but they're here in Edinburgh at the moment.

Unit 2 Recording 9

J = Josh E = Emma

J: What's that, Emma?

E: It's a photo of my family.

J: Ooh, let me see. Who are they? Are those your parents?

E: Yes, they're my parents. They live in Italy.

J: Ah, whereabouts?

E: Near Genoa?

J: And those are your grandparents, I guess ...? Do they live in Genoa, too?

E: Yes, near my parents. Oh, and that's my sister ...

J: Lucy, is it?

E: Yes, that's right. She lives in Milan, but she's in Spain at the moment.

J: Why's that?

E: She's at university.

J: Cool. And you have a brother, too, right?

E: Mauro. He lives with his wife and son in Turin.

D: Yeah, they're hers, too. Thanks. Grandma! *[fade]*

D: Thanks, Anna. This is a nice sweater. Whose is it?

A: Oh, it's Charlotte's. And that scarf's hers, too.

D: Oh well, she can get them tomorrow. Whose phone charger is that?

A: It's Jack and Linda's. I remember them using it.

D: Oh yes, that's right. And whose notebook is this? Is it theirs, too?

A: No, that's Harry's. Look, his name's on it. And I think that cap is his, too.

D: Ah yes, you're right. What about this handbag, is it yours?

A: Yes, it's mine.

Unit 2 Recording 12

1 Whose earrings are these?

2 That scarf's hers, too.

3 Whose notebook is this?

4 Is it theirs?

5 That cap is his, too

6 Is it yours?

7 Yes, it's mine.

Unit 2 Recording 13

1 It's hers.

2 Those gloves are theirs.

3 Are these earrings yours?

4 This is his.

5 That charger's ours.

Unit 2 Recording 14

beautiful

broken

brown

comfortable

gold

heavy

large

light

modern

old

round

soft

special

square

Unit 2 Recording 10

cap

driving licence

earrings

gloves

hairbrush

handbag

make-up

necklace

notebook

phone charger

purse

scarf

sweater

wallet

Unit 2 Recording 11

A = Anna D = Dominic

A: What a great party. Your family are very nice.

D: Thanks, Anna. They really like you.

A: Oh, that's good! I'm really pleased. Oh – whose earrings are these?

D: Um ... I think they're my grandma's. She's outside now.

A: Wait, are these her gloves, too?

useful

Unit 2 Recording 15

1

A: Has Evan got any sisters?

B: Yes, he has. He's got one.

2

C: Have you got a laptop?

D: Yes, I have. I've got an old one.

3

E: Has Maisie got any children?

F: Yes, she has. She's got two daughters.

4

G: Have they got a car?

H: Yes, they have. They've got an old Ford.

Unit 2 Recording 16

A = Assistant C = Customer

1

A1: Hello, can I help you?

C1: No, I'm fine, thanks. ...

C1: Sorry, where are the drinks?

A1: They're over there, next to the milk.

C1: Oh yes, thanks. ...

A1: That's one pound twenty-five, please.

C1: I've only got ten pounds.

A1: That's fine. That's eight pounds seventy-five change.

C1: Great, thanks.

2

C2: Have you got any medicine for a cold?

A2: Yes, we have. How many bottles would you like?

C2: Just one, please.

A2: OK, that's four pounds sixty-five.

C2: Great. Here you are.

A2: Thank you. Here's your change. Have a nice day.

C2: Thanks. You too.

3

C3: Can I have a cheese sandwich, please?

A3: Sure. Anything else?

C3: Yes, that cake there, please. And a bottle of water.

A3: OK.

C3: How much is that?

A3: That's seven pounds and six pence, please.

C3: Can I pay by card?

A3: Sure. Put your card in the machine. Would you like a bag?

C3: No, thanks. I've got my own.

4

C4: Excuse me, how much is this book?

A4: Let me see. It's nine ninety-nine.

C4: And this one?

A4: That's seven ninety-nine.

C4: OK, thanks. Just this one, please.

A4: That's nine ninety-nine, please.

C4: Thanks.

A4: That's a penny change. Thank you.

C4: Where's the café?

A4: Oh, it's on the third floor.

C4: Thanks.

Unit 2 Recording 17

1

A: Here you are.

B: Here you are.

2

A: Can I have a cheese sandwich, please?

B: Can I have a cheese sandwich, please?

3

A: Where's the café?

B: Where's the café?

4

A: How much is that?

B: How much is that?

5

A: Can I pay by card?

B: Can I pay by card?

Unit 2 Recording 18

1

B: Here you are.

2

B: Can I have a cheese sandwich, please?

3

B: Where's the café?

4

B: How much is that?

5

B: Can I pay by card?

Unit 3 Recording 1

- 1 I rarely go out with friends.
- 2 I always work at the weekend.
- 3 I'm sometimes free in the evenings.
- 4 I usually play football after school.
- 5 We never cook on Fridays.
- 6 I often get up late on Sundays.

Unit 3 Recording 2

B = Benjamin C = Carina D = Daniel

- B:** OK, so three things we all do ... Well, I do sport every day. I run, or I swim.
- C:** Wow, good for you, Benjamin! Well, I go to the gym but not every day. Maybe twice a week ...
- B:** Daniel?
- D:** I watch sport at the weekends but I don't play it. I walk to work. Is that a sport?
- B:** Um, no.
- C:** OK, so ... I always see my friends at the weekend.
- B:** I rarely see my friends, because I need to study. Daniel?
- D:** I sometimes meet friends at the weekend, but not always.
- C:** This is difficult! Oh, I know! I usually watch TV every night.
- D/B:** Me too!

Unit 3 Recording 3

- 1 He gets home at 7 a.m.
- 2 She doesn't go to bed late.
- 3 She starts work at 9.30.
- 4 He leaves work early.
- 5 She works at home.
- 6 He has lunch at 1 p.m.

Unit 3 Recording 4

1

A: Do you ever go to the cinema?

B: No, I don't.

2

A: Does she do any sport?

B: Yes, she does.

3

A: Do you ever have parties?

B: No, I don't.

4

A: Does he ever go to the gym?

B: Yes, he does.

Unit 3 Recording 5

J = Jordan M = Martina

J: There's this online quiz about free time. It's called 'Do you have a busy life?'

M: Hmm, I think I know the answer to that!

J: Well, let's see. Can I ask you the questions?

M: Sure.

J: OK, so, how many times a week do you go out?

M: Er ... once or twice.

J: OK, and what do you do when you go out?

M: I meet friends and we have a drink or go to a restaurant or something.

J: How many different activities do you do on a Sunday?

M: Oh, I don't know. Er ... four or five. I mean, I read, clean the house, have a nice bath, watch TV, cook. That's five.

J: Do you often go to concerts or to the theatre or cinema?

M: No, not really.

J: How often do you go dancing or to a party?

M: Oh, not often. A few times a year, that's all.

J: Do you often stay at home and read books, watch films or play games online?

M: Yes, I do! Most evenings.

J: OK, let's look at the results. You like going out and doing some things but mostly you prefer a quiet life. What do you think about that?

M: Oh, I agree. Work's really busy and I talk to people all day. In the evenings and at weekends, I just want to sit at home and do nothing!

Unit 3 Recording 6

Dorothy:

People often think that at my age we stay home every night and relax with a book or something but for me that's not true. Life for me is all about having fun! I love singing, and so I go out twice a week and sing in a group. The group is called *The Song Birds*. There are about forty-five of us, men and women. There are young people and older people like me. We're like a big family. We meet at the town hall to practise for two hours. It's hard work but I love it. I meet some of my friends from the group at the weekend. We have coffee and talk about the music. We sing all kinds of wonderful songs in our group. Do you want to hear me sing?

Unit 3 Recording 7

- 1 I rarely go to the cinema.
- 2 My old friends often come to my house.
- 3 We don't stay at home much in the evenings.
- 4 I don't like crazy parties.
- 5 We have a cup of tea every day at 11.
- 6 I often go for a walk at the weekend.
- 7 My house is near the sea so I swim a lot.
- 8 We work for a big company.

Unit 3 Recording 8

- 1 I start work at five o'clock every morning.
- 2 My favourite thing is ice cream. I love it!
- 3 I'm a shop assistant at that shop over there.
- 4 I've got three brothers but I haven't got any sisters.
- 5 I play badminton three times a week with my dad.
- 6 We love films. We watch a different one every evening.
- 7 We enjoy Indian food and have it every week.
- 8 My favourite thing in the world is sport but I only watch it!

Unit 3 Recording 9**Rana:**

I'm a stay-at-home kind of person. I like quiet places. I never go to parties, and I rarely go out on Friday or Saturday evenings. I like staying home and reading. I love books. I can visit strange and amazing places in my head and become a very different person. I know it's not real but the world becomes more interesting. I read two or three books a week. I have online friends who love books too and I often chat with them about the things we read. A few times a year, we meet up at a café and we talk. That's fun, too.

Simon:

Oh, I'm always out but I don't usually go out with friends. I go out by myself and meet people! I meet people everywhere – at the shops, on the bus, or just in the street. I just love talking to them! People are all so different and interesting. Of course, not everyone likes talking to me at first, but after a minute or two, they usually feel comfortable. I don't talk about myself very much. I ask people questions about their lives. Some of them tell me their life stories.

Unit 3 Recording 10**A = Assistant C = Customer****Conversation 1****A1:** Good afternoon. How can I help you?**C1:** I'd like two tickets for the film on screen 3, please.**A1:** Which time would you like?**C1:** Six-thirty, please.**A1:** I'm sorry, the 6.30 film is sold out. But there are still some tickets available for the nine-thirty film.**C1:** Hmm ... oh well, that's OK.**Conversation 2****C2:** Hi, I'd like four tickets for the concert, please**A2:** Yes, of course. Where do you want to sit?**C2:** Near the front, please.**A2:** OK, let me see. Do you want to sit together?**C2:** Yes, please.**A2:** I'm sorry, there aren't any more seats together, but you can sit near each other at the front.**C2:** Oh really? Oh well, that's OK. How much is a ticket?**A2:** It's thirty pounds for a ticket. So four tickets ... that's one hundred and twenty pounds.**Unit 3 Recording 11**

How can I help you?

The six-thirty film is sold out.

There are still some available.

Where do you want to sit?

Do you want to sit together?

I'm sorry, there aren't any seats together.

Here you are.

No problem.

Certainly.

Yes, of course

That's sixty pounds

How much is a ticket?

I'd like two tickets for the game, please.

Near the front, please.

Near the back, please.

Unit 3 Recording 12**C = Customer A = Assistant****1****C1:** How much is a ticket for *Mamma Mia*?**A1:** Do you want to go to the 4 p.m. or the 7 p.m. show?

C1: 7 p.m.

A1: They're forty pounds each.

C1: Oh, that's expensive. How much is a ticket for the 4 p.m. show?

A1: Twenty pounds each.

C1: OK. I'd like two tickets for the 4 p.m. show, please.

A1: No problem. That's forty pounds.

2

A2: How can I help you?

C2: Hi, I'd like four tickets for the Gary Priestley concert tonight, please.

A2: I'm sorry, tonight's show is sold out.

C2: Oh, really? What about tomorrow?

A2: Let me see ... oh, yes, there are still some available.

C2: Great, I'll have them!

Unit 4 Recording 1

bus station
car park
castle
garage
offices
police station
post office
shops
sports centre
stadium
theatre
train station

Unit 4 Recording 2

So, in the centre there are a lot of shops. There's a police station and two train stations, that's good, but there isn't a bus station. There aren't any train stations in other parts of the town, such as at the castle. There are a lot of visitors to the castle, and it's difficult to get there. There's some green space near the centre which is nice.

Unit 4 Recording 3

- 1 There's a train station.
- 2 There aren't any offices.

Unit 4 Recording 4

- 1 There are some cafés.
- 2 There isn't a hospital.
- 3 There are a lot of parks.
- 4 There aren't any garages.

Unit 4 Recording 5

- 1 The bedroom's really big.
- 2 All the furniture in the house is very modern.
- 3 What's the address of the flat?
- 4 The apartment's very comfortable.

Unit 4 Recording 6

C = Cathy M = Mark

C: Hello. Cathy speaking.

M: Oh, hi. My name's Mark Edwards. I'm calling about the flat on West Street.

C: Oh yes, are you looking for somewhere to live?

M: That's right. I've got some questions about the flat. Is it a large flat?

C: It's not very large but it's not small. It's a good size for one person. It's modern and very comfortable.

M: How many rooms are there?

C: There's a hall, then there's a living room, a kitchen, a bathroom and two bedrooms.

M: Is there furniture in the flat?

C: Yes, there is. There's a sofa and dining table and chairs in the living room. There's a double bed and cupboards in both bedrooms. In one of the bedrooms, there's also a desk and a chair.

M: Oh great, I sometimes work at home. Is there a shower in the bathroom?

C: Yes, there's a shower and a bath.

M: Fantastic. Is there a garden?

C: Um, yes. There's a garden for everyone in the building. It's not private but it's very pretty. Some of the neighbours sit out and read or have their breakfast there. It's large so you can find a quiet place to sit.

M: OK. Are there any shops and cafés near the flat?

C: Yes, there's a small supermarket about five minutes away. The flat's in a quiet area but there are other shops and cafés about a fifteen-minute walk away. There's a bus stop nearby, too.

M: Great. How much is the flat?

C: It's £600 per month. Are you interested?

M: Yes, I'd like to see it, please.

C: Good. Are you free tomorrow at 11 a.m.?

M: Yes, I am.

C: Meet me in front of the gate to the building and I'll show you around.

M: Great, see you then!

Unit 4 Recording 7

A knife

B hat

C blanket

D bowl

E boots

F backpack

G mirror

H sunglasses

I gloves

J warm clothes

K water bottle

L batteries

M map

N can

Unit 4 Recording 8

P = Presenter C = Chris

P: It's the middle of the night, and you're lost in the Atacama Desert. Do you know what to do? Well, Chris Hall does. He's an ex-soldier who knows what to do in difficult situations. Chris, what's your advice?

C: First, you need warm clothes. A lot of people think it's always hot in the desert, and this is true in the day, but at night it's very cold, so you need to be warm. This is the best time to move, too. You need to move at night, because in the day it's very, very hot.

P: Really? So what about when day comes?

C: This is the time to rest. You need to get out of the sun if possible. You need a hat so you can cover your head. This is very important. You need to get help, so a small mirror is good to use the sun to get attention. Stay where you are and write 'help' in big letters in the sand.

P: And what about water?

C: You need to drink a little water and often, and you need a water bottle to carry it. Only eat a little because your body needs water to take food in.

P: Thanks, Chris. That's really useful advice. I hope I never need it!

Unit 4 Recording 9

1 We need to leave early.

2 I need a water bottle.

3 He needs to wear a hat in the sun.

4 You need a big knife.

5 They need to walk at night.

6 I need a blanket.

Unit 4 Recording 10

K = Kirsten G = Gavin

K: Oh, this is a fun quiz. We're in the rainforest and we can only have five objects from this list. Here, have a look.

G: OK, so what do we need first?

K: Well, I think first we need to find somewhere to sleep under the trees, then we need to build a fire.

G: So we need a good knife, right? So we can cut wood for a fire.

K: Oh, good idea! And we can use the blanket to make a place to sleep under.

G: What about food?

K: We need the bowl to cook with.

G: Yes, or ...

K: What?

G: I think we need the can. After we eat the food in it, we can use it to cook things in.

K: OK, but water is more important. We need to drink so we need the water bottle.

G: Of course. How many things is that?

K: Four. So we can have one more.

G: Hmm ... oh, I know. We need to carry these things in something, so let's take the backpack. Or, we need to know where we are, so perhaps we need the map ...

K: Or what about a mirror, or batteries for a phone because we need to get help ...?

Unit 4 Recording 11

P = Presenter J = James W1 = Woman 1 M1 = Man 1 W2 = Woman 2

P: People live in all kinds of unusual places around the world: hot places, rainy places, dry places. But what is life like in a very cold place? Reporter James Larkin travels to three different cities around the world to find out.

J: Well, here I am in Calgary in Canada. It's sometimes minus 30 degrees centigrade here in winter. So how do people live?

W1: Life here is good in winter. We do different winter sports like skiing. It's fun!

M1: It's cold here in winter but it's also sunny so you need to wear sunglasses almost every day.

J: How are the city streets here in winter?

W2: I don't often use the streets in winter. We have the Skywalk so I walk from the train station to my office inside. We can walk eighteen kilometres around the city inside with the Skywalk. It's warm and comfortable. I love it!

Unit 4 Recording 12

I work in an office

People live in all kinds of unusual places around the world.

I walk from the train station to my office inside.

How are the streets?

How do people live?

It's warm and comfortable.

It's cold here in winter but it's also sunny.

Unit 4 Recording 13

1 People live in all kinds of unusual places around the world.

- 2 But what is life like in a very cold place?
- 3 Reporter James Larkin travels to three different cities.
- 4 I don't often use the streets in winter.

Unit 4 Recording 14

**J = James M2 = Man 2 W3 = Woman 3 M3 = Man 3
M4 = Man 4 W5 = Woman 5**

J: Now, I'm in Reykjavik in Iceland. There's natural hot water here and so people don't need to pay for warm homes in winter. It's free. There are also hot pools outside.

M2: I go outside every day and sit in a hot pool in my garden in January and February. It's fantastic in really cold weather.

J: The hot water also helps with the roads.

W3: It's not easy to drive around Iceland. We need to have special tyres on our cars so we can drive safely. But natural hot water goes under some of our roads in the city so there's no snow on them. It's easy to drive on those roads.

J: There isn't much sunlight in winter in Iceland.

W4: In December, we have just four or five hours of sunlight but in June, we have only three hours of night time so it's OK!

J: This is Yakutsk in Russia. Some days it's minus forty degrees here but people live normal lives. They get up, go to work, go shopping and come home.

M3: We go outside but we don't stay outside for very long. We walk to our car or to another building – just two or three minutes.

J: Clothes are important in cold places.

M4: We need to wear a lot of clothes. I wear a T-shirt, a shirt, a sweater and a big, thick coat. I wear two pairs of trousers! I also wear gloves, a hat and a scarf and I have big boots.

J: Shops and schools usually stay open in winter.

W5: Life doesn't stop in winter. Shops open. The trains work every day. Sometimes the schools close but only in very, very cold weather. One big problem is our cars. They don't always start in the morning!

J: So, life in a cold place is different. It's sometimes difficult but not always. Wear a lot of clothes, stay inside, enjoy a lovely hot bath every day and do some snow sports. Then, life is good.

Unit 4 Recording 15

- 1 People don't need to pay for warm homes in winter.
- 2 I go outside every day and sit in a hot pool.
- 3 The hot water also helps with the roads.

- 4 It's not easy to drive around Iceland.
- 5 Natural hot water goes under some of our roads.
- 6 Some days it's -40°C here but people live normal lives.
- 7 We don't stay outside for very long.
- 8 Clothes are important in cold places.
- 9 Shops and schools usually stay open in winter.
- 10 One big problem is our cars. They don't always start in winter.

Unit 4 Recording 16

1

W1 = Woman 1 M1 = Man 1

W1: Excuse me, is the museum free?

M1: Yes, it is.

W1: Oh great. Can I take photos in there?

M1: No, I'm sorry you can't but we sell postcards of some of the paintings.

W1: Oh, I see. Is there a gift shop?

M1: Yes, there is. It sells some lovely things. It's near the exit.

W1: Fantastic, thank you.

2

C1 = Customer 1 E = Employee

C1: Hi. What time does the next film start?

E: At, er ... half past three.

C1: OK. How much is a ticket?

E: It's £8 for adults and £5.50 for children.

C1: Thanks. Where do I pay?

E: You can pay here or at the machine over there.

C1: OK, thanks.

3

C2 = Customer 2 R = Receptionist

C2: Excuse me, what time does the gym close tonight?

R: At ten.

C2: Oh, good. And are there any towels in the changing rooms? I don't have one with me.

R: No, but I've got one here you can take.

C2: Fantastic, thanks. Last question. Where are the changing rooms?

R: Go down that hall. The ladies' is on the right.

C2: Thanks.

Unit 4 Recording 17

Is there a gift shop near here?

Are there any towels in the changing rooms?

Where are the changing rooms?

The gift shop is near the exit.

What time does the next film start?

What time does the gym open on Sundays?

What time does the gym close tonight?

Is the museum free?

How much is a ticket?

Where do I pay?

Can I take photos in the museum?

Unit 5 Recording 1

P = Professor N = Neil T = Tina

P: OK, Neil. That's thirty seconds. Tina, here are the photos of the three faces. Neil, describe the three faces to Tina, please.

N: OK, here we go. So the first person is a woman. She's got long, dark hair and a thin face. She's got brown eyes.

P: OK, next description, please, Neil. What does she look like?

N: OK, the second person is also a woman, but she's got short, blond hair. She's young.

P: OK, thanks. And the last picture?

N: The last woman has long, blond hair. She's also got a thin face and big, blue eyes.

P: Thank you! Now, Tina, can you tell us which photos they are?

T: OK, well ...

G: That's great!

Unit 5 Recording 4

amazing

awful

boring

brilliant

cool

excellent

exciting

great

horrible

interesting

lovely

nice

OK

perfect

terrible

Unit 5 Recording 2

- 1 He's got blue eyes.
- 2 My brother's very tall.
- 3 She's got long hair.
- 4 Sally's quite young.
- 5 Kevin's got blonde hair.

Unit 5 Recording 3

1

A: How was the holiday?

B: It was awful.

A: Oh no! Why?

B: Well, the hotel was OK, but the food was terrible.

2

C: Was the restaurant nice?

D: Yes, it was lovely.

C: And the food?

D: The food was great. I love their fish curry.

3

E: How was the film last night?

F: It was OK.

E: Only OK?

F: Yeah. The actors were good, but the story was boring.

4

G: How was Monica's party?

H: It was brilliant! The people were lovely, and the music was fantastic!

Unit 5 Recording 5

A: How was the party?

B: It was great. The food was really nice, and the people were really interesting.

A: How many people were there?

B: Maybe 40 or 50. It was a really good night.

Unit 5 Recording 6

1 The food was nice and the people were great.

2 How was the beach?

3 The food wasn't great.

4 Were the people nice?

Unit 5 Recording 7

Tom:

I was about three years old and I was with my parents and my brother. We were in a car in Italy. It was a little white Fiat. We were near a mountain called Gran Sasso. I was in the front of the car with my mum. I was sick, really sick. I wasn't happy at all.

Unit 5 Recording 8

Tom:

in a car

I was about three years old
near a mountain

Unit 5 Recording 9

T = Tom

1

T: my parents and my brother

2

T: We were in a car in Italy.

3

T: It was a little white Fiat.

4

T: I was in the front of the car.

5

T: I wasn't happy at all.

Unit 5 Recording 10

F = Felicity G = Greg T = Tiffany

1

F: I was outside

2

F: we were on holiday

3

F: at a hotel

4

G: at the bottom of the pool

5

T: I was at school

6

T: We were all on the floor

Unit 5 Recording 11

1 Felicity

I was about three years old, I think, and I was at a playgroup near my house. The playgroup was in a big, green building but I was outside. I was in the garden with some other children. A teacher was there, too, but I can't remember her very well. I was with another girl. There were some toys on the floor. I was happy.

2 Greg

I was two or three years old. I was with my family and we were on holiday in Wales. We were at a hotel. There was a swimming pool and I was in it with my brother and sister. My favourite toy was a little toy car. One minute it was in my hand. The next minute it wasn't. Where was it? I cried 'Mum! Mum! Mum! Where's my car?' Of course, the car was at the bottom of the pool.

3 Tiffany

I was four years old. I was at school in one of the classrooms. There were maybe twenty-five other children in the class. We were all on the floor of the classroom because it was story time. I looked down at my feet. There was something strange about my shoes. One shoe was blue and one was black. They weren't the same! They were different colours. I wasn't happy with my mum!

Unit 5 Recording 12

1

A: I can ride a motorbike but I can't drive a car.

2

B: Alex can play the piano very well but he can't sing.

Unit 5 Recording 13

1 I can speak three languages.

2 Matt can play the guitar.

3 She can't run very fast.

4 Can you make chocolate cake?

5 They can't swim very well.

Unit 5 Recording 14

1 drive a car

2 climb a tree

3 bake a cake

4 count to 50 in French

5 spell the word 'Mediterranean'

6 cook a meal

7 fix a computer

8 play a musical instrument

9 run five kilometres

10 make pizza

11 play chess

12 speak another language

Unit 5 Recording 15

R = Richie M = Maria L = Lizzie

R: What can you do, Maria? Do you have any interesting skills?

M: Hmm, I can ride a motorbike.

R: Really? Where do you ride?

M: Nowhere these days. I haven't got a bike.

R: I can't ride a motorbike OR drive.

L: Really, Richie? You can't drive?

R: No.

L: Oh ... Erm, I can skateboard really well.
M: Can you, Lizzie?
L: Yeah. I go to the skateboarding park all the time.
M: Oh! I'd love to watch you one day.
L: Sure.
M: Er ... I can cook amazing pasta dishes. Well, my family say they're amazing.
R: Great! When's dinner?!
M: Ha ha.
R: That's a great skill. I mean, everyone needs to eat and everyone loves pasta.
L: That's true. That's a really useful skill to have. What else can we do?
R: Well, I can count to ten in twenty different languages.
L: Twenty? Wow, that's pretty good. Oh! I can move my ears.
R: What?
L: Yeah, look. Can you do that?
R: ... No, I can't.
M: Me, neither. ... Oh, it's really hard. Let's tell the newspaper about that. It's funny!
L: And Richie's counting skills in different languages.
M: Oh yeah, that's a good one, too.

Unit 5 Recording 16

1
A: Can you help me with the washing up, please?
B: Of course I can. Give me two minutes to finish this.
A: OK, no problem ...
2
C: Excuse me. Could you move your bag, please?
D: I can't, sorry. It's too big.
C: Well, thank you! ... So rude!
3
E: Harry, can you open that door for me, please?
F: Sure, no problem!
E: Thanks, Harry.
4
G: Excuse me, can I borrow your charger?
H: I'm sorry, I need it.
G: OK, no problem. Thanks anyway.

Unit 5 Recording 17

Could you help me with the washing up, please?
 Can I borrow your charger?

Could you lend me a pen?
 Could you move your bag?
 Sure, no problem.
 Of course you can.
 Of course I can.
 I can't, I'm sorry.
 I'm sorry, I need it.
 I'm afraid not.

Unit 5 Recording 18

1
A: Excuse me, can you open that window?
B: Sure, no problem.
2
C: Can I borrow five pounds, please?
D: I'm afraid not. I don't have any money with me.
3
E: Could you lend me your phone?
F: I'm sorry, I need it. I'm waiting for a call.
4
G: Excuse me, can you open that door for me?
H: Sure, no problem. Here you are.
5
I: Can you help me with something?
J: What's that?
I: Can you help me move this cupboard? It's so heavy.
J: Of course I can. Just give me a minute.

Unit 6 Recording 1**L = Lynn S = Steve****L:** How was your weekend, Steve?**S:** It was great, thanks. We were at the Summer Festival. It's a family festival.**L:** A what?**S:** A festival for families. Hannah and I took our two children. It was in a big field in the countryside, and there were lots of different things to do. Some for the parents, some for the children, and some for both.**L:** That sounds fun. How long were you there?**S:** Well, it started on Friday night, but we arrived on Saturday morning.**L:** OK, and what did you do there?**S:** Well, on Saturday, the kids wanted to go to the play area, and Hannah and I visited the food tent. They had cooking classes – they were great.**L:** Sounds good! What did you do in the evening?**S:** In the evening, we watched a singer called Mano Chu on the music stage. He was really good. We all danced. Even me!**L:** Oh, I love Mano Chu! So, did you camp there?**S:** Yes, we stayed in a big tent together. The next day the children were in the play area again all morning and then we all went to the art tent. Someone painted our faces. Stella was a cat, Ryan was a lion and Hannah and I were rabbits. I didn't want to do it but the kids asked me a hundred times! Then we tried something different. We went to the Magic Castle.**L:** What was that?**S:** Oh, it was really fun. It was a building with lots of actors in different places, telling a story. Our boy Ryan didn't like it – he was a bit too young for it. He was scared and cried the whole time!**L:** Oh dear.**S:** Ha, it was all OK in the end. We were all quite sad when it ended.**Unit 6 Recording 2****1** danced**2** arrived**3** played**4** studied**5** ended**6** watched**7** listened**8** started**Unit 6 Recording 3****P = Paulette B = Ben T = Tom****1****P:** Last year my birthday was on a Friday. In the morning, my husband didn't say anything, he just got up and left for work. But when I finished work in the afternoon, he was there waiting for me. 'We're going to Paris for the weekend!' he said, 'I brought your suitcase, it's in the car.' I felt so happy, I nearly cried! Anyway, it was a perfect weekend, really special. We walked through the streets and went to the Eiffel Tower. He also bought me this beautiful scarf. Whenever I put it on now, I remember how special I felt that weekend and never want to take it off!**2****B:** Last summer started badly for me. My girlfriend broke up with me and I felt really sad. My friends wanted to make me feel better, so they took me to a music festival for the weekend. At first, I didn't want to go but they made me. Well, as soon as we got there, I had a great time, and forgot about my ex-girlfriend. The bands were amazing. At the end of the show on Saturday night the singer threw her sunglasses into the audience, and I caught them! I keep them now to remind me of what good friends I have.**3****T:** Oh, I got this keyring a few weeks ago, from a gift shop in Monterey Bay. One Saturday morning, my wife and I woke up really early, like 5 a.m., and we both decided to go to the beach. So we packed some food and drink for a picnic, and drove down to Monterey Bay. It was a beautiful, sunny morning and when we arrived, we sat on the beach and just looked out to sea. Suddenly my wife shouted and pointed out to the sea. I looked out and saw a family of whales! These beautiful, huge things swimming around in the sea. It was amazing, we just sat there and watched for an hour. I keep this keyring on my desk at work now, and when work is difficult, I just look at it and remember how calm I felt when I saw the whales.**Unit 6 Recording 4****1** Last week I bought a new jacket.**2** I caught the bus at 5 p.m.**3** I woke up very late today.**4** I felt angry when he said that.**5** I went to her house.**6** She left home when she was 16.**7** I brought her a lovely cake.**8** I drove all night.

Unit 6 Recording 5

- 1 went
- 2 felt
- 3 bought
- 4 caught
- 5 woke up

Unit 6 Recording 6

A = Aida T = Tom

A: Morning, Tom. How was your weekend?

T: Fantastic!

A: Fantastic? Why, what happened?

T: So, I got a message from my friends who said they wanted to have a picnic in the park. I replied and said I wanted to come.

A: Oh, nice.

T: Yeah, so my friends came round and got me, then we all went to the park. Then when we got to the park, we saw there was a free concert with some bands I really like. We had some food, then danced and had a really good time.

A: That sounds great, Tom.

T: It was, but that's not all. Later I met this girl – we tried to talk but it was difficult because the music was so loud, so we went for a walk in the park and we spoke to each other for hours. We had a great time and really liked each other. Then, at the end of the day she gave me her phone number!

A: You're always so lucky, Tom.

T: I know! What about you?

A: Oh, nothing special really. Although on Sunday we went ...

Unit 6 Recording 7

T = Tonia A = Aiden

T: How was your day off last week, Aiden?

A: Oh, it was great actually. I found a lovely little museum.

T: Really?

A: Yeah. It was a beautiful sunny day, wasn't it? So I decided to go to Hyde Park on the bus. Before that, I went to Fiona's house.

T: Fiona? Who's that?

A: My girlfriend. She had a day off work, too.

T: Oh, nice.

A: I know – we hardly ever have a day off at the same time! Anyway, I told her my idea about going to the park and she loved it. So she got ready and then we went to get

the bus. Oh, and before that, we picked up some bread, cheese, fruit and other nice things for a picnic from the supermarket.

T: Good idea.

A: So we got to the bus stop and waited a really long time for the bus. We were really hot and just wanted to get to the park and enjoy it, you know?

T: Right.

A: Just then two buses came at the same time!

T: Ah, that always happens!

A: Anyway, it didn't take long to get to the park and when we got there, we sat down and opened all our nice food. We were really hungry by then.

T: I can imagine.

A: But, suddenly, the sky went really dark.

T: Oh dear ...

A: I know! And after that it started to rain. I mean really rain!

T: Oh no!

A: I know! And everyone got up and ran away, trying to stay dry. It was really funny, hundreds of people running to get out of the park. So we just went into the first place we found that was dry.

T: What was that?

A: It was a little museum that we didn't know about - the Museum of London. It was really interesting. All about the history of our city. In the end, we really enjoyed it, and actually had a great day out.

Unit 6 Recording 8

- 1 Before we met, I was alone.
- 2 We did some work, and after that we relaxed.
- 3 I called my mum, but before that I cleaned the flat.
- 4 I was worried but in the end it was OK.
- 5 She asked me my name and then she told me hers.
- 6 Before you came here, did you see Peter?
- 7 I lived in Berlin for two years and after that I moved to Stockholm.
- 8 After lunch, we played golf.

Unit 6 Recording 9

F = Freddy T = Tonia

F: Did you have a good weekend, Tonia?

T: Yeah, actually it was really good.

F: Really? Why's that?

T: Well, my husband and I decided to go and visit the Mendip hills.

- F:** The Mendip hills? Where are they?
- T:** They're in Somerset. It's a really nice area with beautiful views.
- F:** Wait, that's a long way away, isn't it?
- T:** Yes, it is. It took us three hours! We got up really early to get there.
- F:** Did you drive or go by public transport?
- T:** Public transport. We got two different trains then a bus. After that, we walked for about an hour to get to a viewpoint.
- F:** Wow!
- T:** But when we got there it was amazing. There were beautiful views and there weren't any other people around, so we enjoyed it by ourselves. It was lovely.
- F:** What did you do there?
- T:** We just enjoyed the view, really. Then we sat down and had some lunch. Oh, before that, we went to the visitor centre. They gave us a map and showed us where to go. They were really helpful actually. Anyway, we had a lovely little picnic at the top of a hill. It was lovely and quiet – the view was beautiful.
- F:** Sounds wonderful.
- T:** It was! We ate, drank and looked at the views. But just then, I heard a woman call my name.
- F:** Really?
- T:** Yes! It was very strange because we were out there all alone, or so we thought. So I looked up and do you know who it was?
- F:** Who?
- T:** My old friend from school, Zoe. We last saw each other ten years ago!
- F:** Wow!
- T:** Anyway, we talked for ages about our lives. Then she asked where I live now, so I told her and we discovered we both live near each other!
- F:** Really?
- T:** Yes, it was amazing. In the end we all came home together, and had a great journey. We talked all the way home.

Unit 6 Recording 10

M = Mara V = Val

- M:** Grandma, where did you live when you were my age?
- V:** In Leeds. I lived with my parents, aunt, uncle and my cousin for a long time, because my dad and uncle bought a house together.
- M:** Why did they do that?
- V:** Well, because they didn't have a lot of money and houses were expensive. But my parents and I moved to

our own house when I was fifteen. I had my own room! I remember we had really friendly neighbours. We talked to them nearly every day. Not like today. No-one knows their neighbours today.

- M:** Did you like your school?
- V:** Yes, I did. I went to a girl's school. I had good friends and it was a good school.
- M:** Did the teachers give you a lot of homework?
- V:** No, they didn't. We had some, but not a lot. We had a lot of free time in those days. In fact, I even had a job every Saturday. I worked as a babysitter.
- M:** Oh right. Who did you look after?
- V:** A ten-year-old boy and an eight-year-old girl. I walked a mile to their house, worked from 9 to 6 and then walked a mile back home. I earned 72 pence.
- M:** What? That's terrible!
- V:** No ... it was OK in those days.
- M:** So what did you do after work?
- V:** I met up with friends at somebody's house and we listened to records.
- M:** What did you listen to?
- V:** Rock and roll mostly. We spent a lot of time in cafés, too. We watched the boys drive past on their scooters. Some evenings, we travelled to a dance hall. That was fun. We danced with the boys there. In fact, that's how I met your grandfather.
- M:** Really? Ooh, did he dance well? Tell me everything!
- V:** Well, he was quite a good dancer. So, one night ...

Unit 6 Recording 11

- 1 Did you watch TV last night?
- 2 Where did you go yesterday?
- 3 Which school did you go to?
- 4 Did you talk to Molly last week?
- 5 What did you do this morning?

Unit 6 Recording 12

- 1**
- A:** Excuse me, can I sit here?
- B:** Sorry. My friend's sitting there.
- A:** No worries.
- 2**
- C:** I'm sorry I'm late. The bus didn't come.
- D:** No problem. You're here now.
- 3**
- E:** Excuse me, I think that's my pen.
- F:** Oh, I'm so sorry. I thought it was mine.

E: That's OK.

4

G: I'm afraid that I didn't do the homework. Sorry!

H: That's fine. I know you were busy.

5

I: Dan, can you help me with this report?

J: I'm sorry, I can't. I've got a meeting now.

I: That's all right. Can you help me later?

J: Yeah, sure!

Unit 6 Recording 13

1 I'm sorry I'm late.

2 I'm afraid I can't come to your party.

3 Sorry. I didn't see you there.

4 I'm sorry. This is my seat.

Unit 6 Recording 14

1 I'm sorry I'm late.

2 I'm afraid I can't come to your party.

3 Sorry. I didn't see you there.

4 I'm sorry. This is my seat.

Unit 6 Recording 15

1

A: Let's go for a coffee.

B: I'm sorry, I can't. I'm busy.

A: That's OK.

2

C: I'm sorry we're late. The roads were busy.

D: No problem. You're here now.

3

E: Ouch! You hit me!

F: I'm really sorry. I didn't see you.

4

G: Can I use your pen?

H: Sorry. I need it.

G: No worries. I can use Sally's.

5

I: I'm afraid I didn't finish the report.

J: That's fine. Can you finish it tomorrow?

Unit 7 Recording 1

beans
chicken
coffee
eggs
fish
frozen food
fruit
ice cream
juice
meat
pasta
rice
salad
soft drinks
sweets
tea
vegetables

Unit 7 Recording 2

- 1 There aren't any sweets left.
- 2 Have you got any chocolate?
- 3 I don't need any sugar in my coffee.

Unit 7 Recording 3

P = Presenter C = Cathy R = Robbie

P: Today, reporter Cathy's at a supermarket talking to people about their shopping. She thinks that you can learn a lot about someone from the food in their shopping basket. Let's see if she's right. Cathy, are you there?

C: Yes, hi Dan. I'm here at a supermarket in the city centre. Let's speak to one of the customers. Hi there, I'm Cathy from Radio West. Can I look in your shopping basket, please?

R: Er ... why?

C: Well, I think that the food in your basket can tell me a lot about you.

R: Really?

C: Yeah.

R: OK, then. Tell me.

C: Well, the first thing I can see is that you've got two steaks so you're not a vegetarian and it's a meal for two people. A lot of people buy oven chips to eat with their steak. You don't have any oven chips. You have potatoes so I think you want to cook a really nice meal.

R: Er ... that's right.

C: Great! I can see you've got some salad, too, so you want to be healthy. Oh, but wait. You've got dessert. A lot of dessert! There's cake and ice cream. Oh and some chocolates too. Hmm, you like your sweet food, don't you?

R: Yes, I do.

C: The chocolates are expensive so you're happy to spend money. And you've got some flowers so you want your house to look good. Hmm, I think you've got a date tonight. A date with someone special. You want to show the person that you're a good cook. Am I right?

R: Yes, you are. It's our first meal at my house so I want to cook something good.

C: I knew it! See, you can learn a lot about a person from their shopping basket.

Unit 7 Recording 4

A = Announcer

A1: The NA74 flight to Barcelona will depart from Gate 22 in twenty-five minutes. Please make your way to the departure gate if you have not already done so.

A2: The 5:57 train to Manchester will now depart from platform nine at six fifteen. This train is made up of eight carriages. The first-class carriage is situated in the rear of the train.

Unit 7 Recording 5

A = Announcer

A1: The next train to London will depart from platform 5 at 11:15.

A2: Flight GG73 to Munich will leave in thirty minutes from Gate 20.

A3: The next train to Belfast will leave from platform 13 in thirty minutes.

A4: Flight GG78 to Malaga will leave from Gate 19 at one thirty.

Unit 7 Recording 6

Announcer:

The next flight to Moscow will depart from Gate 15 at 11:30. Please make sure if you are travelling on this flight to arrive at the departure gate at least 30 minutes before boarding. The next flight to Berlin will depart from Gate 8 at 2 p.m. Please continue to check the board for updates.

Unit 7 Recording 7**Announcer:**

The next train to Liverpool from Platform 12 will be the 5:55 Umbridge service, calling at Caxton Rise, Fendle Hill and Liverpool. The train will be made up of six coaches.

Unit 7 Recording 8

C = Clara E = Elias

C: Let's see, what have we got. Some rice, onions, peppers ... Hey, do we still have those eggs you found yesterday?

E: Yeah, we've still got some.

C: How many eggs do we have?

E: A few. Just two, I think.

C: OK, and how much oil do we have?

E: Lots. Remember I found that big bottle last week.

C: Great. So I think we can make vegetarian egg-fried rice.

E: Yum! How do we make that?

C: Well, I'll boil the rice, then fry it with the onions, eggs and peppers.

E: Fantastic! Hey look, I also found some ice cream!

C: Wow, ice cream? How much did you find?

E: One box. It's enough for dessert. Do we still have any chocolate?

C: Yes.

E: How much do we have?

C: Just a little, but we've got some fruit we can mix with it, too.

E: How much fruit do we have?

C: Um, let me see ... oh, none. Sorry. I ate it last night, I forgot.

E: Never mind, chocolate and ice cream sound good to me!

Unit 7 Recording 9

1 How much bread do we have?

2 How many tomatoes are there?

3 How many eggs did you buy?

4 How much chocolate is there?

5 How much water do you want?

Unit 7 Recording 10

1

A: How much milk do you want?

B: Just a little, please.

2

C: How many potatoes do we have?

D: Lots. A whole bag!

3

E: How much oil do we need?

F: None. We don't use oil in this recipe.

4

G: We need some onions.

H: How many?

5

I: How many bananas are there?

J: Just a few. We need to buy more.

Unit 7 Recording 11

1 **B** A cup of tea.

2 **H** A bag of rice.

3 **J** A packet of pasta.

4 **C** A bottle of water.

5 **A** A carton of juice.

6 **D** A tin of beans.

7 **G** A box of eggs.

8 **I** A can of cola.

9 **E** A bar of chocolate.

10 **F** A jar of coffee

Unit 7 Recording 12

J = Jess G = Glen

J: Do you want to meet for brunch tomorrow?

G: Yeah, that'd be lovely. How about the Underground Café in Downsview Road?

J: Oh, er ...

G: Yeah, it's really cool.

J: Yes, but the food isn't very healthy though, is it? They fry everything.

G: Not all of it. They've got a really big brunch menu so there's a lot to choose from. So where do *you* want to go?

J: Well, I like Café Jewel. I think it's better than the Underground Café. It's brighter because there are windows! It's more modern, too, and the food there's nicer. Everything's fresh. The Underground Café's cool but it's small and dark. And the seats are beds! It's a bit strange!

G: But the seats are really comfortable! They're more comfortable than the plastic seats in Café Jewel. Lots of people think so. It's a really popular café.

J: I know. That's why it's always more crowded than Café Jewel. We might need to wait for a seat – I mean bed! It's often noisy in there, too.

G: OK, I'm happy to go to Café Jewel. I like it there, too. The food is more expensive than the Underground Café but it *is* healthier.

J: OK, great! Shall we meet at ten? Then we can ...

Unit 7 Recording 13

bright
cool
comfortable
crowded
dark
expensive
fresh
healthy
nice
noisy
modern
popular
small
strange

Unit 7 Recording 14

- 1 This café is cooler than the one next door.
- 2 Your eggs look fresher than mine.
- 3 You always have a healthier breakfast than me.
- 4 It's noisier than usual in here today.
- 5 Your cooking's better than mine.
- 6 The brunch here is more expensive than in other places.

Unit 7 Recording 15

A = Assistant M = Marguerite

A1: Hi, can I help?

M: Yes, I'd like this sandwich, please.

A1: Sure. Eat in or take out?

M: Eat in, please.

A1: Would you like it hot or cold?

M: Hot, please.

A1: OK ... any hot drinks with that?

M: Yes, please. Can I get a small cappuccino?

A1: Of course. That's six pounds fifty, please.

M: Here you are.

A1: Thank you. Please wait there at the collection point.

A2: Small cappuccino and hot cheese sandwich!

M: Thank you, that's mine.

Unit 7 Recording 16

I'd like this sandwich, please.

Can I get a small cappuccino, please?

Can I have a small cappuccino, please?

I'll have a latte, please.

How much is that?

Can I pay by card?

Can I help?

Eat in or take out?

Would you like it hot or cold?

Any hot drinks with that?

Take a seat and I'll bring it over.

Anything else?

Unit 7 Recording 17

1

A: Can I have a large Americano, please?

B: Sure. Take a seat and I'll bring it over.

2

C: Any hot drinks with that?

D: Yes, a tea, please.

3

E: Can I help?

F: I'd like this sandwich, please.

E: Would you like it hot or cold?

F: Cold, please.

4

G: Can I get a chicken salad, please?

H: Sure. Eat in or take out?

5

I: How much is that?

J: Two pounds, please.

I: Can I pay by card?

J: Yes, of course.

Unit 8 Recording 1**M = Mum G = Gareth****M:** Hello? Gareth?**G:** Hi Mum!**M:** Hello! Where are you?**G:** I'm standing at the top of Mount Chogatake. Look at the view! Isn't it beautiful?**M:** Lovely!**G:** It was a long walk up here – eight hours! So now we're resting before the walk back down.**M:** Where's Carla?**G:** Oh, she's over there, she's having something to eat. What are you and Dad doing now? Are you having a good time at home? You aren't working too hard, I hope.**M:** Oh no, don't worry about us. Everything's the same here. We're actually just ...**G:** What's that? Oh, OK! Look, I have to go now, Mum. We're leaving now. It's another six hours to get back down. Let's hope it's easier than the way up! Call you when we arrive!**M:** But ...**Unit 8 Recording 2**

- 1 We're walking in the countryside
- 2 I'm sitting on a beautiful beach.
- 3 They're swimming in the water.
- 4 He's enjoying the view.
- 5 She's climbing the mountain.

Unit 8 Recording 3**M = Michael S = Suzanna K = Kareem D = Donna****M:** Welcome to Weatherwatch, and today we're looking at some very strange weather around the world, from snow in usually sunny Florida to hot weather in wet and rainy Manchester. What is happening? First up, Suzanna is in Florida. What's the weather like there at the moment, Suzanna?**S:** Thanks, Michael. Well, the weather here is definitely unusual. It's usually warm here in January, with temperatures of around fifteen degrees Celsius, but today it's snowing! At this time of year, people usually wear summer clothes, but today they're wearing coats and hats. The children are enjoying it, though – they're playing outside in the snow.**M:** Thanks, Suzanna. And now over to Kareem in Egypt, where there's more unusual weather. Kareem, what's happening there?**K:** Thanks, Michael. At this time of year, it's usually dry. It sometimes rains a little, but at the moment it's raining a lot, really hard. It's very unusual and people don't really know what to do. I'm in Cairo, where the traffic is really bad as people are trying to drive to work in the rain. Other people are staying inside, when usually at this time of year they are out in the street.**M:** Thanks, Kareem. Well, finally some good news from Donna in Manchester. What's happening there, Donna?**D:** Yes, thanks, Michael. I'm in Alexandra Park and it's quite busy here. This time of year is usually really cold and wet, and people don't go out much. But at the moment people are having lunch in the park, enjoying the warm weather – it's nearly twenty degrees and it's lovely and sunny. I have to say it feels like the weather's going crazy at the moment, but people are happy!**M:** Thanks, Donna. Well, there's some crazy weather happening around the world right now. What about where you are? Is the weather unusual? What's happening? We'd love to hear from you, so contact us on 0208 ...**Unit 8 Recording 4**

- 1 He's watching TV.
- 2 I'm staying inside today.
- 3 It's raining.
- 4 They're enjoying the sunny weather
- 5 We're playing in the snow.

Unit 8 Recording 5**Sandra:**

People in the southwest town of Bainbridge left town last night when a big storm arrived. The wind from the storm made trees fall into roads and water came into people's homes. Fire and police services helped people move out of the area into a school in the next town. They stayed for the night.

Unit 8 Recording 6

- 1 storm arrived
- 2 storm made
- 3 fall into
- 4 came into
- 5 fire and
- 6 move out of
- 7 school in
- 8 next town

Unit 8 Recording 7**C = Chris****1****C:** It's hot today, which is unusual for October.**2****C:** It's sunny and people are having a great time.**3****C:** It's a really nice Sunday afternoon!**Unit 8 Recording 8****S = Sandra C = Chris****S:** And now over to Chris, with a special report from White Lake Park. Chris, what's happening there?**C:** Thanks, Sandra. It's hot today, with temperatures over thirty degrees, which is unusual for October! It's a beautiful day here in White Lake Park, it's sunny and people are having a great time. Children are swimming in the lake, and families are having picnics. It's a really nice Sunday afternoon!**Unit 8 Recording 9****Sandra:**

In other news, the government wants to put a new tax on food and drink with a lot of sugar. The tax will make these kinds of food and drink ten percent more expensive.

Finally, the prime minister met the Greek president today. It was the first time in London for the Greek president after he won last year's election.

Unit 8 Recording 10**Reporter:**

Gareth Parker was sad when his dog escaped from his garden last year. He looked everywhere for his dog, whose name was Archie, but nobody knew where he was. Gareth thought that he was gone forever. Then one day, one year after he escaped, Archie walked in through the door. Where did Archie go for that year? Archie can't talk to tell us, but it was no problem for Gareth. It was great to have his dog home again.

Unit 8 Recording 11

- 1** Ranj is the friendliest person I know.
- 2** Seven o'clock is the earliest time I get up!
- 3** This is the noisiest part of the city.
- 4** Morning is the busiest time of day for me.
- 5** The metro is the easiest way to get around here.

Unit 8 Recording 12**J = Julia T = Thomas****J:** Welcome to Cambridge. It's one of the most famous cities in the country because its university is over 800 years old. You're here in spring. May is one of the best months to come because the weather is good but it's not very busy.**T:** We'd like to tell you about activities in the city. Firstly, it's a good idea to take a walking tour. You can see the most interesting places in the city and hear some funny stories. Book your tour here at the tourist information office.**J:** The best places to visit are the university colleges. The old buildings are very attractive and some very famous people studied there. Many of the colleges are free but you need to pay at the bigger ones.**T:** The Fitzwilliam Museum is the largest museum in the city. It has paintings by some of the most famous artists in the world. It's a big museum for a small city and it's free.**J:** The most interesting activity is a boat ride along the river. You can sit and enjoy a great view of the university colleges and watch the cows walk past in the fields too.**T:** It's easy to eat out here. There are lots of restaurants around the city centre. You can find all kinds of food – Italian, Japanese, Indian, Turkish. There are cheaper restaurants and more expensive ones.**J:** Getting around the city is easy. You can get anywhere in the centre on foot. Bikes are really popular here, too. You can rent a bike at the train station.**T:** Cambridge is one of the prettiest cities in the UK so we really hope you enjoy your time here. Does anyone have any questions?**Unit 8 Recording 13****1****R = Receptionist W = Will****R:** Hello, New Street Surgery. Maddie speaking.**W:** Hello, can I make an appointment with Dr Bell, please?**R:** Yes, of course. Let me see ... ah, he doesn't have any appointments today or tomorrow, I'm afraid. Is Thursday OK?**W:** Is that the 12th?**R:** It is.**W:** Yeah, that's fine.**R:** How about two forty-five?**W:** I'm sorry, I can't do that time. I've got a meeting then.**R:** OK, how about quarter past four?

W: Yes, perfect.
R: Great. What's your name.
W: It's Will Miller.
R: And your date of birth?
W: 17th April 1983.
R: Got you. OK, see you on Thursday at four fifteen.
W: Fantastic. Thanks for your help. Bye.

2

M = Manager W = Will

M: Hello.
W: Hello. Is that The Blue Hat restaurant?
M: Yes, it is. How can I help you?
W: Can I book a table for Saturday night, please?
M: What time?
W: Er ... seven thirty if possible.
M: Let me look ... How many people?
W: Four, please.
M: Yes, that's fine. And your name?
W: It's Miller. M_I_double L_E_R. We'd like the table with the sofas if possible.
M: Do you mean the table near the window?
W: Yes, that's the one.
M: OK, no problem. Right, that's all booked. See you on Saturday night.
W: Yes, see you then.

3

W = Will L = Lizzie

W: Lizzie? It's Will. Where are you?
L: I'm really sorry. I'm still on the bus. The traffic's terrible today and it was late. I sent you a message.
W: Oh! I didn't get it. Strange. Anyway, no problem. I'm outside the cafe.
L: Sorry, I didn't hear that.
W: I'm outside the café.
L: Well, go inside and get a table. My bus arrives in ten minutes.
W: Oh, that's not long. Do you want me to get you a coffee?
L: Yes, please. A cappuccino and a piece of that lovely lemon cake.
W: Sure, no problem. See you soon!
L: See you!

NARRATOR 4

T = Taxi driver W = Will

T: Hello, ABC taxis.
W: Hello, could I book a taxi, please?
T: Of course, where from?
W: I'm at the train station.
T: And where do you want to go?
W: Edward Street.
T: OK. And your name?
W: Sorry, can you say that again?
T: What's your name?
W: It's Will Miller.
T: Thanks. Your driver will be there in about ten minutes.
W: Fantastic. Bye.

Unit 8 Recording 14

Will:

Is that The Blue Hat restaurant?

Unit 8 Recording 15

W = Will M = Manager

1

W: Sorry, can you say that again?

2

W: Is that the 12th?

3

M: Do you mean the table near the window?

4

W: Can I make an appointment with Dr Bell?

5

W: Could I book a taxi, please?

Unit 8 Recording 16

1

A: Hello. Is that Smith's Taxis?

B: Yes, it is.

A: Can I book a taxi from the Forest Hotel, please?

B: Where do you want to go?

A: To the airport.

2

C: Hi. Could I book an appointment with the dentist, please?

D: How about 3 o'clock?

C: Is that for today?

D: Yes, it is.

C: OK then.

D: What's your name, please?

C: It's Seb Carter.

D: Sorry, can you say that again?

C: Seb Carter.

D: OK, thanks. That's all fine.

C: Great. Thanks very much for your help.

D: See you at three o'clock.

Unit 9 Recording 1**P = Presenter D = Dr Brown**

P: More and more people are living a long time these days. Dr David Brown, how can we all live a long life?

D: Well, the first thing we can do is eat well. Don't have a lot of unhealthy food. A lot of us eat food like chocolate and cakes but to stay healthy we shouldn't eat a lot of sugar.

P: OK, so only a little sugar.

D: Yes, that's right. It's important to keep fit, too. You don't need to join a gym but you should do some exercise. For example, walk up the stairs at work. Don't take the lift.

P: OK, good idea. One problem I have is my desk. I sit down all day at work. That's not good, is it?

D: No, it's not. Don't sit down all day. Stand up and walk around the office. Technology can help you with that.

P: Oh, how?

D: Get a health app that tells you your number of steps you take each day. The app also tells you to move around every hour so that you do more steps.

P: Oh, right! So exercise is important. Should we think about rest, too?

D: Yes, we should. Sleep is very important – we need about eight hours every night. To get a good night's sleep, relax before you go to sleep. Maybe read a book!

P: Good idea! Any other ideas?

D: Do something you love every day. Being happy helps us live longer.

P: I should watch a great film every day then!

Unit 9 Recording 2**D = Dr Brown P = Presenter****1**

D: We shouldn't eat a lot of sugar.

2

D: You should do some exercise.

3

P: Should we think about rest, too?

4

P: I should watch a great film every day then!

Unit 9 Recording 3

1 You should come for a walk with us.

2 We should do some exercise tomorrow.

3 He shouldn't eat all that chocolate.

4 You shouldn't use the lift.

5 Should I take an umbrella with me?

Unit 9 Recording 4**Mark:**

We think we know what foods are good for us and what foods are bad for us. But sometimes the information we believe about food isn't true. In today's show, I'm going to tell you if some of the information you know about food is true or false. For example, do carrots help us to see at night? Does orange juice stop a cold? Is coffee bad for us?

Unit 9 Recording 5**Mark:**

Let's start with carrots. Many wise parents tell their children that carrots help them to see in the dark like foxes, rabbits or owls. But do they? Well, carrots are good for our health because they have vitamin A in them and vitamin A helps to keep our body healthy. So, eating carrots is good but they don't help us see better in the dark. Parents say that so children eat their vegetables!

Unit 9 Recording 6**Mark:**

What about orange juice? Can it stop a cold? Orange juice has vitamin C in it and vitamin C can help to stop a cold but orange juice also has sugar in it. We shouldn't have a lot of sugar so drinking lots of orange juice is not a good idea. When we have a cold, it's better to eat tomatoes or green peppers.

Unit 9 Recording 7**Mark:**

Let's talk about coffee. People say it's bad for us but is it? The answer is that some coffee is probably OK. Of course, we shouldn't drink a lot of it. That's not very good for us at all. But that's true about most food and drink!

Unit 9 Recording 8**Mark:**

Finally, many of us think that breakfast is the most important meal of the day. For some people, this is true. If you have a busy morning or you feel hungry, you should have breakfast but if you have a quiet morning, or you had a big meal the night before, it's probably OK to miss breakfast and eat later.

Unit 9 Recording 9

Mark:

We think we know what foods are good for us and what foods are bad for us. But sometimes the information we believe about food isn't true. In today's show, I'm going to tell you if some of the information you know about food is true or false. For example, do carrots help us to see at night? Does orange juice stop a cold? Is coffee bad for us?

Let's start with carrots. Many wise parents tell their children that carrots help them to see in the dark like foxes, rabbits or owls. But do they? Well, carrots are good for our health because they have vitamin A in them and vitamin A helps to keep our body healthy. So, eating carrots is good but they don't help us see better in the dark. Parents say that so children eat their vegetables!

What about orange juice? Can it stop a cold? Orange juice has vitamin C in it and vitamin C can help to stop a cold but orange juice also has sugar in it. We shouldn't have a lot of sugar so drinking lots of orange juice is not a good idea. When we have a cold, it's better to eat tomatoes or green peppers.

Let's talk about coffee. People say it's bad for us, but is it? The answer is that some coffee is probably OK. Of course, we shouldn't drink a lot of it. That's not very good for us at all. But that's true about most food and drink.

Finally, many of us think that breakfast is the most important meal of the day. For some people, this is true. If you have a busy morning or you feel hungry, you should have breakfast but if you have a quiet morning, or you had a big meal the night before, it's probably OK to miss breakfast and eat later.

Unit 9 Recording 10

D = Dave P = Petra

D: What's that on your wall, Petra?

P: That's my vision board.

D: Your what?

P: My vision board. It helps you with your goals. You put photos and phrases on a board to help you remember your goal.

D: Really? That sounds interesting.

P: Yes, can you guess what my goal is?

D: Um ... are you going to run?

P: Ha, yes, I'm going to run a 5k.

D: A 5k?

P: Yes, it's when you run five kilometres in a race.

D: Right! So what do the photos on your vision board show?

P: Well, you see this one here?

D: The shoes? Yep.

P: So first I'm going to buy some really good running shoes.

D: OK ...

P: Then I'm going to get up at 5 a.m. every morning, so I can run before I go to work.

D: Wow!

P: I'm also going to do yoga to keep fit. It's important to do more than one type of exercise, so you stay strong. I sometimes go to a class with my friend Sally, but we're going to go twice a week from next week. She's going to do the run with me, too.

D: OK.

P: And I'm also going to eat healthy food. I'm not going to have chocolate any more.

D: But you love chocolate.

P: Don't laugh! I know I do, but I really want to do this.

D: OK ... So the words and phrases on this board are to make you feel confident about it, right?

P: That's right. When I wake up early, I'm going to look at the vision board and remember my goal. That's my plan, anyway.

D: This is great, Petra. I really hope you can do it. Good luck!

P: Thanks, Dave!

Unit 9 Recording 11

- 1 They're going to eat less junk food.
- 2 I'm going to buy a car.
- 3 He's going to try to meet new friends.
- 4 We're going to write a book together.
- 5 Are you going to get married this summer?

Unit 9 Recording 12

- 1 go horse riding
- 2 go swimming
- 3 go climbing
- 4 go surfing
- 5 go skiing
- 6 go snowboarding
- 7 go shopping
- 8 go cycling
- 9 go sightseeing
- 10 go bowling

Unit 9 Recording 13

L = Lily A = Adam

- L:** I'm reading an article about doing something new every day for 30 days. I think it's a great idea. Would you like to try it next month?
- A:** Sure, why not? Let's do it together.
- L:** OK, great! Well, I'd like to go out into the countryside one night and look at the stars. I want to know what they all are.
- A:** OK, good idea. Let's do that one evening.
- L:** My friend from work would like to do it, too, so we can ask her. She's nice.
- A:** OK. What else? Er ... I want to go surfing but I don't want to do it here, I'd like to go to Parnass beach, where the waves are big.
- L:** Yes, you should definitely do it, but I don't want to go surfing. I don't want to hurt myself.
- A:** Really? That's OK. Matt wants to surf, too, so we can go together.
- L:** Fine, go with Matt. Oh, I can take photos of you. I'd like to do that. I've got a new camera but I don't use it. I'd like to use it more.
- A:** OK, great!
- L:** When would you like to go to Parnass?
- A:** I don't know. This weekend?
- L:** OK. Would you like to learn a musical instrument?
- A:** Hmm, no I don't think so. It costs money and I don't have time to practise every day.
- L:** OK, you're right. It's a bad idea.
- A:** I'd like to learn how to bake a really delicious chocolate cake. I love cake!
- L:** Oh, me too. Let's do that! My mum bakes amazing cakes and she wants to teach me her recipe, so she can teach us.
- A:** OK, good. OK, and what about ...

Unit 9 Recording 14

- 1 I'd like to do yoga.
- 2 We'd like to make something.
- 3 She'd like to learn how to paint.
- 4 They want to go to an art gallery.
- 5 I want to see more of my city.

Unit 9 Recording 15

E = Erica P = Pavel R = Rosa M = Mariana

- E:** So it's our last lesson of the course next Friday, and I think we should do something to celebrate. What shall we do?
- P:** Let's have a party!
- R:** Hmm, I don't think it's a good idea. Our class finishes before others and we don't want to make lots of noise.
- P:** Ah right, good point. Let's go out and do something then.
- E:** Like what?
- P:** Um ... a picnic?
- R:** Good idea.
- E:** Great! We should meet at the weekend to discuss what to make. Where shall we meet?
- R:** At the café on Hill Street, at 1 p.m.?
- E:** OK.
- P:** Yes, good idea. Oh, we should invite Mariana, too. She has good ideas.
- E:** Good idea. Can you invite her?
- P:** OK. ...
- M:** Hello?
- P:** Hi Mariana, it's Pavel here. Listen, we're going to celebrate the end of the course next week, and a few of us are going to meet on Saturday to discuss our plan. Would you like to come?
- M:** Yes, please!
- P:** Great, we're going to meet at the café on Hill Street at 1 p.m.
- M:** OK, see you there.
- P:** See you!

Unit 9 Recording 16

- What shall we do to celebrate?
- What time shall we meet?
- Where shall we meet?
- Let's have a party.
- Good idea!
- I don't think it's a good idea.
- I'm not sure.
- Would you like to come?
- Do you want to join us?
- Yes, please!
- Sorry I can't. I'm busy.

Unit 9 Recording 17

1

A: We're going to have a party next Saturday. Would you like to come?

B: Yes, please!

2

C: What time shall we meet?

D: Four o'clock?

3

E: It's John's last day at work next Tuesday. What shall we do to celebrate?

F: Let's take him to a restaurant.

4

G: We going to have a picnic in the park at the weekend. Do you want to join us?

H: Sorry, I can't. I have to work then.

5

I: Shall we do something special for the Design team?

J: I don't think it's a good idea. We can't do something special for only one team.

6

K: Where shall we meet for lunch? Do you want to go to Gando's?

L: I'm not sure. They only have meat options and Penny doesn't eat meat.

Unit 10 Recording 1

- 1 I hate cleaning!
- 2 I don't mind working at the weekend.
- 3 I don't like getting up early.
- 4 I love staying at home.
- 5 I like shopping.

Unit 10 Recording 2

N = Natalia J = Julia H = Hailey M = Maria

Julia:

N: Hi Julia, I'm Natalia and this is Hailey.

J: Hi! Lovely to meet you!

H: Um yes, nice to meet you. So we'd like to ask you a few questions, OK?

J: Yes, sure.

H: What's your job?

J: Oh, I don't have a job right now. I'm over here travelling.

N: Uh ... OK. But can you pay the rent and bills OK?

J: Well ... I only use my mobile phone, so I don't think I should pay for the telephone in the house. And I'm not at home much so I think I should pay less for the electricity. And I think I can pay the rent this month, but I'm not sure ...

H: Right ... Um ... what do you like doing in your free time?

J: Oh, I like going out with friends, and I love parties! I've got lots of friends here. We go out to restaurants and clubs. I usually get home at around 5 a.m.! Do you like going out? You can come with us! Would you like to?

N: Um ... maybe, but we both have jobs so only at the weekend.

J: Oh. OK.

H: OK. Do you have any questions?

J: Yes. When can I move in? We're going to have so much fun!

H: Um, well, we need to talk about it and let you know.

Maria:

H: Hi Maria. I'm Hailey, and this is Natalia. Nice to meet you.

M: Yes, nice to meet you, too. Can I ask, do you like cleaning?

H: Um ... sorry?

M: It's just that the house looks a bit dirty. But I don't mind cleaning it.

H: Er ... OK. Um ... What's your job?

M: I'm an accountant. I work very close to here, so this house is ideal for me.

N: Great. Do you mind ...

M: Oh and I have two dogs. Do you like dogs?

N: Um ... yes, they're OK.

M: Good.

N: OK, so ... What do you like doing in your free time?

M: Well, you know, I don't have very much free time because I work a lot. When I'm not working, I like reading and listening to music.

N: OK, thanks. We're going to see some other people, but then we'll let you know, OK?

M: That's fine, but please don't take very long.

Unit 10 Recording 3

boots

cap

coat

dress

helmet

jeans

shirt

shorts

smart clothes

suit

tie

trainers

trousers

uniform

Unit 10 Recording 4

1 We don't have to be there early.

2 She has to wear a uniform.

3 I have to work at the weekend.

4 He has to do homework every day.

5 You don't have to wear formal clothes to the party.

Unit 10 Recording 5

K = Katherine J = James S = Shannon

K: OK, so first you take one of these cards. Don't show it to anyone else! On the card is a job and some basic information. Here you are.

J: Thanks.

S: Thanks, Katherine.

K: Right, so James, you go first. We're going to ask you questions and you have to answer 'yes' or 'no'. Then we have to guess your job. OK?

J: Right.

S: OK, so me first. Do you have to wear a uniform?

J: Yes, I do.

K: Do you have to work at night?

J: Um ... yes, sometimes.

S: Hmm, do you work with food?

J: No.

K: Do you work in an office?

J: No.

S: Do you work outside?

J: Yes.

K: Are you a police officer?

J: Yes, well done!

Unit 10 Recording 6

- 1 I've never downloaded an app.
- 2 He's written letters to his family.
- 3 They haven't played video games.
- 4 She hasn't had a mobile phone.

Unit 10 Recording 7

F = Freddie A = Ali

F: Ali, have you ever made a website?

A: No, I haven't. Have you?

F: Yes, I have. Have you ever sent a text message to the wrong person?

A: Oh yes, I have.

F: Me too! Terrible!

A: Yes.

Unit 10 Recording 8

P = Presenter Z = Zoe

P: Today we're talking about technology and communication. Zoe, you work for a technology company. Technology changes every year. What does that mean for communication?

Z: Well, communication is changing every year. My parents wrote each other letters with a pen and paper when they were young! People don't do that now!

P: No, they don't!

Z: When technology changes, the way we speak to each other changes, too. These days, we use apps to chat to our friends but ten years ago, everyone used email because we didn't have those apps.

P: That's true.

Z: Teenagers today don't usually use email. For them, it's old technology! They use chatting apps to speak to

everyone – their parents, their friends and their teacher. And of course no-one makes calls on their phones these days! In the past, we all spoke to friends and family on the phone all the time. Now, most of us just send a message. It's quick, easy and takes less time.

P: Yeah, you're right.

Z: But some things don't change. I mean, we send text messages on our phone today but we also did that a hundred years ago. These were called telegrams. Text messages today are much faster and cheaper but telegrams were the first technology for sending messages.

P: What about the future of messaging apps?

Z: Well, that's difficult to say. I can say that the big technology companies want to make their digital assistants better and so they're going to do a lot of work on those in the future.

P: Sorry, what's a digital assistant?

Z: It's a computer program that talks to you. Most of us have digital assistants on our phones these days. You talk to your digital assistant and ask it a question and then it answers you. The big companies want to make them like a friend to us. A friend who calls the doctors to make an appointment for us or who sends a birthday message to a friend, for example. That's the future of messaging.

P: Wow, interesting.

Z: You see? The future is an exciting place!

Unit 10 Recording 9

- 1 These days, technology changes every year.
- 2 I got my first mobile phone ten years ago.
- 3 In a few months, I'm going to get a new laptop.
- 4 I dropped my mobile phone down the toilet yesterday.
- 5 I'm using my old phone at the moment.
- 6 I chatted to my friends online last night.
- 7 I don't go online very often now.
- 8 In the future, technology companies are going to give us something completely new.

Unit 10 Recording 10

- 1 My brother bought me a new phone last year.
- 2 I'm going to buy a new phone next week.
- 3 My phone isn't working at the moment.
- 4 My grandparents didn't have mobile phones when they were young.
- 5 New phones are really expensive these days.
- 6 We aren't going to take our phones on holiday with us next time.

7 Call me when you get your new phone in a few days.

8 Jack lost his mobile phone a few days ago.

Unit 10 Recording 11

1

A: The house looks fantastic, Steve. You did a great job.

B: Thanks. I'm pleased you like it.

A: Maybe you can come and paint inside next.

B: Sure, when would you like me to start?

2

C: You play really well.

D: Oh, thanks. That's kind of you to say.

C: When did you learn?

D: I started when I was ten but I don't play very often these days.

3

E: Take a seat and I'll go and make us a cup of tea.

F: Wow, this room is beautiful! It's really modern.

E: Thank you. I like it.

Unit 10 Recording 12

1A Your cooking is fantastic.

1B Your cooking is fantastic.

2A You played well today.

2B You played well today.

3A You did a great job with the garden.

3B You did a great job with the garden.

4A You're so clever.

4B You're so clever.

Unit 10 Recording 13

1 Your cooking is fantastic.

2 You played well today.

3 You did a great job with the garden.

4 You're so clever.

Unit 10 Recording 14

1 Your new TV looks amazing!

2 You're very kind.

3 Your party was fantastic! I had a great time.

4 You did a great job with my bike. Thanks.

5 You played really well today.

6 That cake looks lovely!